Matt L, Years 10-11 and 13, Surrey

Reference for Adrian Finnegan

ACE Recall Study Performance Coaching

We first sought help for our son in his final year before Uni. R needed help with revision and exam techniques to get the best grades he could in all his A Level subjects. Last September we asked Adrian again to coach his younger brother. H is very bright, works hard, but wasn't coping with the volume of homework he gets. H needed all-round skills, more efficient ways of working to get him closer to GCSE subject grades we believe match his capabilities. My wife and I found the ACE Recall website on Google.

Our son, now in Year 11, and his older brother previously, have benefitted enormously from the focus on skills, which Adrian's coaching provides. Adrian is extremely professional and pragmatic. He employs a high-value approach, guiding a student to discover for himself how to improve each week. Adrian set out for both boys what they each needed to do, then set about showing them how they achieve it. He has given the boys an impressive array of study tools and new memory techniques. They both enjoy using them in their daily studies, they make a real difference.

Our eldest got higher grades than anticipated, as a result the first choice Uni he set his heart on. He enjoys his degree course, is still doing very well. Our youngest grows more confident in his learning as the months go by. He relishes coaching, is motivated when he discovers new things each week, especially about how to improve his memory.

Coaching, we feel, has particularly helped build his abilities and the confidence he needs to work more productively while studying at home, as well as in schooltime. If he keeps this up, we feel H will prove to himself he can get good GCSE results next May.

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We want H to continue coaching now. We hope, like his brother, he will perhaps do better than he expects in his GCSEs. We would like him to also be better prepared when he eventually moves into sixth form.

Most valuable about Adrian is that he clearly 'knows his stuff'. This has always been reassuring to us. The coaching style of working is very different, more interactive, more pragmatic. We believe it offers opportunities to apply more productive ways to learn and develop the vital aptitudes needed in today's world. These are broadly not covered in school but essential moving forward, we feel. We don't have anything like this at all where we live so coming to coaching is worth the 50-60m drive each week.

I would advise Study Performance Coaching for parents with teenagers who need to study more efficiently and productively or haven't yet found their best ways to accomplish what they might be capable of. Thank you for your continuing help Adrian. The skills. advice and practical guidance you pass onto H is making the difference which H most wants, and which we also want to see. We look forward to seeing you again after New Year.

> Matt L, Years 10-11 and 13, Surrey December 2019